

EVPA Curriculum Layer 2 – Physical Education

Cycle A						
Year Group	Autumn		Spring		Summer	
EY	<p>Physical Development</p> <ul style="list-style-type: none"> • Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. • Combine different movements with ease and fluency • Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. • Develop overall body-strength, balance, co-ordination and agility • Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. • Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball <p>Children in pre-school and reception will also undertake activities including: orienteering, gymnastics, net and wall games, invasion games, multiskills and athletics</p>					
1 / 2	• Orienteering	• Gymnastics	• Net and Wall	• Invasion Games	• Striking and Fielding	• Multiskills and Athletics
3 / 4	• Orienteering	• Gymnastics	• Net and Wall	• Invasion Games • Swimming	• Striking and Fielding • Swimming	• Multiskills and Athletics
5 / 6	• Orienteering	• Gymnastics	• Net and Wall	• Invasion Games	• Striking and Fielding	• Multiskills and Athletics

EVPA Curriculum Layer 2 – Physical Education

Cycle B						
Year Group	Autumn			Spring	Summer	
EY	<p>Physical Development</p> <ul style="list-style-type: none"> • Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. • Combine different movements with ease and fluency • Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. • Develop overall body-strength, balance, co-ordination and agility • Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. • Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball <p>Children in pre-school and reception will also undertake activities including: fundamentals, dance, net and wall games, invasion games, striking and fielding and multiskills and athletics</p>					
1 / 2	• Fundamentals	• Dance	• Net and Wall	• Invasion Games	• Striking and Fielding	• Multiskills and Athletics
3 / 4	• Fundamentals	• Dance	• Net and Wall	• Invasion Games	• Striking and Fielding	• Multiskills and Athletics
5 / 6	• Fundamentals	• Dance	• Net and Wall	• Invasion Games	• Striking and Fielding	• Multiskills and Athletics