

PE Curriculum Intent Statement

Intent.

At EVPA it is our aim for all pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. PE enables pupils to become physically confident; it supports their health, wellbeing and fitness and provides the foundations for lifelong activity. PE builds character and supports our IREACH values and ensures that children understand fairness, respect, tolerance and healthy competition. We are passionate about the need to embed the lifelong values of co-operation and collaboration; to work as an individual and as part of a team; to understand fairness and equity of play.

Implementation

We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Each child receives a weekly PE lesson with a qualified sports coach, employed full time at our academy. Sessions are thoughtfully planned and sequenced to cover a broad and full range of skills and activities.

Children in LKS2 2 attend swimming lessons where they learn to swim 25 metres competently and confidently in a range of strokes. All children in years 3 and 4 will swim weekly for in the summer term. For those children who have not mastered this skill by the end of year 4, they will have additional swimming lessons in years 5 and 6.

Opportunities to engage in inter-school competitions and activities such as the Trust 'Fun Run' are offered to all pupils.

Impact.

Our curriculum will improve the wellbeing and fitness of all children at EVPA; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through strong links with PHSE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful you need to take ownership and responsibility for your health and fitness.